



Argumentative Essay on Global Warming Thesis

Here you have an Argumentative Essay on Global Warming Thesis Let's Start.

Participation in sports is essential and should be strongly encouraged. Children and adolescents, in particular, need to engage in sports to develop good habits that they can continue growing into. The main benefits of sports are improved health and stamina and social and communication skills.

With more than a third of adults in the USA considered overweight, and many are obese, it has never been more important to participate in sports. People who play regularly burn more calories than they do not, so they are less likely to be fat. Having a healthy weight means that you are less likely to die young and suffer from heart disease, stroke, high blood pressure, diabetes, and many other conditions. If you already eat well, it can give you extra calorie supplements you can handle without feeling guilty about it.

As well as improving the health and stamina of the heart and blood vessels, exercise is good for the musculoskeletal system, makes muscles softer and more robust, and enhances bone and joint strength. People who do sports will be stronger and able to lift heavy loads, which is always helpful, and they are less likely to be weak as they grow older because of their strength. In addition, exercise can improve mental and physical health. It is helpful for people with depression and a list of other mental health problems because it removes good chemicals from our brains, also makes people feel better about their bodies, making them happier. It reduces the risk of eating disorders and weight loss, as people make sensible, healthy changes in their lifestyle.

Sports also allow people to make personal progress. Sports can help you acquire and build social and communication skills. Collaboration, for example, is naturally learned through participation in sports and team sports. Communication skills can be shaped, as they are central to the success of any team, and their lack leads to failure. Many people will also develop leadership skills through sports, often acquiring abilities they did not even know they had.

Most people's self-esteem improves through sports as they acquire skills and develop their bodies. Participating in any competitive sport enhances our ability to handle stress and do well and teaches us to win and lose favor. All in all, the fact that playing the game is good for us is undeniable because it helps our minds and bodies and ultimately means we will live longer happier lives.

Everyone is familiar with Global Warming, yet the meaning is unclear to many. Global warming refers to a continuous increase in global warming. Various activities were performed that contributed to the gradual rise in temperature.

Global warming is essentially global warming caused by greenhouse gases. Greenhouse gases - mainly including carbon dioxide, water, nitrous oxide, methane - absorb and retain heat in the atmosphere.



Global warming has become a significant problem that requires unparalleled and immediate attention. It does not happen for just one reason, but a few reasons. Both causes are artificial and natural. Natural causes include exhaust gases, which can escape the earth, resulting in a temperature rise.

Thermal gases cause a greenhouse effect when evaporation covers the earth's surface, keeping the world warm. As a result of various human activities, a large amount of carbon dioxide forms in the atmosphere, absorbing most of the heat from the sun into the earth's atmosphere. The atmosphere should emit a lot of heat, but the greenhouse gases trap heat, not allowing it to escape from the atmosphere, causing the temperature to rise.

Volcanoes are also the cause of global warming - these eruptions release tons of carbon dioxide, contributing to global warming. In addition, methane is also a significant cause of global warming.

Some think that biologists are psychologically influenced, by which they compel humans to contribute. A US study by US CNN, with about 3,000 scientists in January 2009, found that most scientists agree that global warming is a reality, and it is a matter of urgency.

Since the Industrial Revolution, the average global temperature has risen by 1 degree Fahrenheit. Although it does not appear to be very large, studies have shown that large amounts of ice do not fall as temperatures rise slightly.

These relationships show that even small climate changes can cause significant problems such as global warming. Solving global warming may be a challenge, but it is not possible. It can be controlled even if the combined efforts of everyone stop it.

Also Read,

- [Expository Essay on Social Media in 1400-1450 words | Free PDF](#)
- [Expository Essay on Unemployment in 1300-1400 words | Free Pdf](#)