

# Performdigi

## Short Essay on My Grand Father

It is an old saying that, '**Old is Gold**'. **Old persons** are good guides. They have the experience of life. They have seen many ups and downs in their lives. I like their company.

**My Grandfather** is a great man. I like to sit with him and talk with him. He narrates to me the experiences of his life. I take interest in his talks.

**My grand-father** has crossed the age of sixty. He does not look like an **old man**. He is *active* and *smart*. His hair is still black. All the teeth are intact in his mouth. He goes for a morning walk every day. He takes light exercise. I also go for a morning walk with him. He teaches me many valuable lessons on the way.

His diet is very simple. He is a God-fearing man. He goes to the temple in the *morning* and *evening*. He sits in meditation before going to sleep. Every one seeks advice from him. He does not look to his own comfort. He is always ready to make sacrifices for the **whole family**. Even the neighbours are all praise for him. Everyone in the house respects him.

I like my grandfather very much. May he remain in my company for a long time!.